

Introduction (21 Virtues):

- Welcome Videos
- Intro to 7 Personal Virtues
- Intro to 7 Project Virtues
- Intro to 7 People Virtues
- Outro Video

Virtue Videos:

Personal:

- **Introduction Video**
- 1) Humility
 - 2) Self-control
 - 3) Personal Excellence
 - 4) Resiliency
 - 5) Self-awareness
 - 6) Courage
 - 7) Integrity

Project:

- 1) Responsibility
- 2) Commitment
- 3) Preparation
- 4) Planning
- 5) Persistence
- 6) Orderly
- 7) Mission-minded

People:

- 1) Considerate
- 2) Compassionate
- 3) Communication
- 4) Gentle
- 5) Relatability
- 6) Valuing Others
- 7) Peacemaking

Advanced Lessons:

Personal Management:

Introduction Video

Humility: the main ingredient for true success

Start With Why: What is your motivation?

Compound Effect: Overview/introduction

****Compound Effect – Extra Modules:**

The Compound Effect in Action: make time and consistency work for you

Choices/decision making skills and owning your choices

Habits: developing good habits to reach your goals

Momentum: the power of solid routines

Influences: what are your inputs?

Acceleration: how to achieve more faster

Project (Advanced)

Stewardship: Overview of the meaning of stewardship

Orderliness and 5S: Personal application of organization and 5S

Constraint Management: The theory of constraints

****Stewardship – Extra Modules:**

Time: managing your time well

Talent: understand your gifts

Treasure: personal finance wisdom

Temple: self care pays off

Tactics: project math and utilizing resources well

People Management

Shepherding: Practicing genuine care

Trust and Trustworthiness: How leaders build trust

Conflict Resolution Management: Techniques to build better relationships and functioning teams

****Shepherding – Extra Modules:**

Understanding others

Leading yourself first to better lead others

Creating an emotionally safe environment for your team

Outro Video

Needed Materials:

Notebook or journal
for hard copy notes

Required Reading books: (hardcopy or free online)

The Compound Effect

- Darren Hardy

The Goal

- Eliyahu M. Goldratt

Total Money Makeover

- Dave Ramsey

Computer rather than phone

Headphones if desired