

Introduction (21 Virtues):

- Welcome Videos
- Intro to 7 Personal Virtues
- Intro to 7 Project Virtues
- Intro to 7 People Virtues
- Outro Video

Virtue Videos:

Personal:

Project: Responsibility 1)

2)

- **Introduction Video
- 1) Humility 2) Self-control
- 3) Personal Excellence
- 4) Resiliencv
- 5) Self-awareness
- 6) Courage
- 7) Integrity

Preparation 3) Planning 4)

Commitment

- Persistence 5)
- Orderly 6)
- 7) Mission-minded

Advanced Lessons:

Personal Management:

Fastest Growing Mangers Introduction to Advanced Lessons Humility: The main ingredient for true success

Start With Why: What is your motivation?

Compound Effect: Overview/introduction **Compound Effect – Extra Modules:

The Compound Effect in Action: make time and consistency work for you Choices/decision making skills and owning your choices Habits: developing good habits to reach your goals Momentum: the power of solid routines Influences: what are your inputs? Acceleration: how to achieve more faster

Project (Advanced)

Stewardship: Overview of the meaning of stewardship Orderliness and 5S: Personal application of organization and 5S Constraint Management: The theory of constraints **Stewardship – Extra Modueles:

Time: managing your time well Talent: understand your gifts Treasure: personal finance wisdom Temple: self care pays off Tactics: project math and utilizing resouces well

People Management

Shepherding: Practicing genuine care Trust and Trustworthiness: How leaders build trust Conflict Resolution Management: Techniques to build better relationships and functioning teams **Shepherding – Extra Modules: Understanding others Leading yourself first to better lead others Creating an emotionally safe environment for your team

People:

Considerate 1)

- 2) Compassionate
- 3) Communication
- 4) Gentle
- 5) Relatability
- 6) Valueing Others
- 7) Peacemaking

Needed **Materials:**

Launch Workbook: (the companion workbook for the course)

Required Reading books: (hardcopy or free online)

The Compound Effect

- Darren Hardy

The Goal

- Eliyahu M. Goldratt

Total Money Makeover

- Dave Ramsey

Computer to access course

Headphones if desired

Stable internet connection